



**Michelle Shelfer RD|LDN|CEDRD**  
 13 1/2 Eagle Street, Office G, Asheville, NC 28806  
 Phone: (828) 337-5148

**AUTHORIZATION TO DISCLOSE PROTECTED HEALTH INFORMATION**

**Client Name (printed):** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

*Parent/Guardian/Legal Representative Name (minors only):* \_\_\_\_\_

**Health Care Provider, Person, Agency or Emergency Contact Information:** Please provide the name and contact information of the provider, person, agency or emergency contact (outside of Michelle Shelfer).

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Emergency Contact Name	Relationship to Client (i.e. PCP, Mother, etc.)
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Address, City, State, Zip	Phone	Fax Number
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**I authorize Michelle Shelfer to communicate the following types of information to the provider, person or agency listed above by:**

- Communicating the information as needed for the purposes identified below       Sending the information indicated below
- Requesting the information indicated below

**Please indicate the *type of information* to be released (check all that apply):**

- Documentation from a specific program or provider:  
Program/Provider Name: \_\_\_\_\_
- Intake Evaluation/Assessment
- Progress Notes/Treatment Plans
- Financial Info/Scheduling
- Discharge Summaries
- Ongoing Verbal Communication
- Other (please specify) \_\_\_\_\_

**Please indicate the *purpose of the release of information* (check all that apply):**

- Coordination of Care
- Discharge and Continuation of Care
- Client Request
- Insurance
- Litigation/Legal Purposes
- Other (please specify): \_\_\_\_\_

In addition, I authorize Michelle Shelfer to disclose my Protected Health Information to this individual as my Emergency Contact in situations in which Michelle Shelfer perceives a threat to my health, safety or well-being.

**Statement of Authorization:** I understand that my consent will remain in effect as long as I am a patient of Michelle Shelfer, unless and until I notify Michelle Shelfer in writing of any changes. I have been informed about the information that will be released, its purpose, and who will receive the information and I may inspect or copy the protected health information to be used or disclosed under this authorization. I understand and authorize that the disclosure may include information on diagnosis and treatment, or any drug or alcohol abuse. I understand that personal health information, once disclosed, might be re-disclosed and is no longer protected by federal privacy regulations. I also understand that I may refuse to sign this authorization. Michelle Shelfer will not condition treatment, payment, enrollment or eligibility for services based on whether I sign this authorization.

**BY SIGNING MY NAME BELOW, I ACKNOWLEDGE THAT I HAVE READ AND THAT I UNDERSTAND THIS AUTHORIZATION FORM.**

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<b>Client Signature (required if client is 13 years or older)</b>	<b>Parent/Guardian/Representative Signature</b>	<b>Date</b>
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**Legal Representative** (where applicable): I am legally authorized to represent the client listed above and I understand that I may be asked to provide documentation to demonstrate this legal authority.

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Representative Signature	Relationship to Client/Legal Authority	Date
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